



LIFE CIRCLES

DISCUSSION GUIDE - Dec. 14, 2025

Not Me, But Mine - Part 2 in Biodivine series

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SUMMARY

This message explores the distinction between our identity and our physical bodies, emphasizing that we are not our bodies but rather spiritual beings who govern them. God desires our bodies as living sacrifices, not dead offerings. Our bodies are prepared by God to do His will and manifest heaven's reality on earth. If we don't bring our bodies under subjection to our spirit, we will constantly live in threat-detection mode, where the body governs the soul. If we're living by threat-detection rather than by preference, our bodies can't experience joy. It's righteousness, joy and peace that actually keeps you alive. The ultimate goal is for creation to see God's nature through our physical existence, demonstrating life and immortality rather than decay and death.

ICE BREAKER

What's one thing you own that you take really good care of, and why is it important to you to maintain it well?

KEY VERSES

- Hebrews 10:5-10
- Romans 12:1-2
- 1 Corinthians 9:24-27
- 2 Timothy 1:8-10

SEEDS FOR DISCUSSION

- Our purpose is to demonstrate heaven's reality through our physical existence so creation can be set free.
- God's will is heaven on earth. If it doesn't exist in heaven, then it's not permitted on earth.
- You cannot save something that you're dependent on.
- We must bring our bodies into subjection through spiritual governance, not allowing circumstances to determine our identity.
- Complaining is evidence that your body is in charge. If you complain as a co-regent of heaven, you're authorizing the cycle that your body's sick of.
- Your body is a perceiver; it's not a decider.
- Your body doesn't just protect you from bad things. It protects you from everything so those bad things can't make it through to hurt us.
- Looking for proof of our sonship will cause you to pull away from sonship. You are a son. If you're looking for evidence, then you're doubting the One that said it.